

NURSING CARE FOR PATIENT WITH CARDIAC ARYTHMIA

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CRITICAL CARE NURSE

- Cardiac arrhythmia or dysrhythmias are abnormal electric conduction or automatic changes in heart rate and rhythm .
- Arrhythmia vary in severity , from those that are mild , asymptomatic and require no treatment to severe that require admission in intensive care.

GOALS

- Treat life threatening dysrhythmia
- Assess and identify cause or precipitating factors
- Provide patient education and health teaching

NURSING ASSESSMENT

- Heart rate
- Rhythm
- Blood pressure
- ABC
- Head to toe

Nursing Diagnosis That May Arise

- Decreased cardiac out put

GOALS

- Achieve adequate cardiac output
- Client should experience reduced frequency or absence of the dysrhythmia
- Client will actively engage in activities that decrease the workload of the heart
- Will demonstrate understanding of prescribed medications

- Client if using apace maker will comprehend their condition , prognosis and function of pacemaker

INTERVENTIONS

- Managing impaired cardiac function
- Monitoring diagnostic procedure and laboratory
- Administering medications
- Preventing digitalis toxicity and poisoning
- Reduced anxiety
- Preoperative nursing care
- Providing health education

- If critical use **FAST HUGS BID**
- **F**-feeding
- **A**-analgesia
- **S**-sedation
- **T**-thrombo-embolic prophylaxis
- **H**-head of the bed
- **U**-ulcer control
- **G**-Glycemic control

- **S**- spontaneous breathing trial
- **B**- bowel control
- **I**-indwelling catheter removal
- **D**-de-escalation of antibiotics